

The Natural Canine Kitchen

Emma Rutherford Functional Canine Dietary Consultant

www.thenaturalcaninekitchen.com

emma@thenaturalcaninekitchen.com



Ralph's Plat du Jour

For adult active cats	
Balanced to FEDIAF and	
Recipe amount	500 g
Calories	761 kCal

Recipe	Grams	Ounces	Percentage
Turkey, meat only, raw	225 g	0.49 oz	45 %
Chicken Heart, raw	165 g	0.37 oz	33 %
Beef Liver	55 g	0.12 oz	11 %
Beef Bonemeal, grass feed	20 g	0.05 oz	4 %
Zucchini, including Skin, raw	20 g	0.05 oz	4 %
Basil, Dried	4 g	0.01 oz	0.8 %
Himalayan Crystal Salt	1 g	0 oz	0.2 %
Flaxseed Oil, Cold Pressed	10 g	0.02 oz	2 %
Total	500 g	1.1 oz	100 %





METHOD

Roughly chop the turkey, chicken hearts, beef liver and courgette.

Now combine all of the ingredients together with the chopped ingredients in a large glass bowl, mix everything together using a wooden spoon. Et VOLIA! Dinner is served.

STORAGE

Store in an airtight container, preferably non recycled glass containers with bamboo plastic free lids. Store in the fridge for up to 3 days or portion up and freeze for up to 3 months.

CHEF'S TIP

It is preferable that you to add any oils/fats at the time of serving, proportionally.

Please check with your veterinarian before feeding this recipe if your kitty has any health issues. This balanced recipe has been created to feed a healthy kitty using the calorific information as the feeding guidelines. Although this recipe is balanced we do not recommend that you continuously feed this recipe. You are feeding this recipe under your discretion.

RECIPE FORMULATED EXCLUSIVELY FOR

THE TWO CRAZY CAT LADIES

BY EMMA RUTHERFORD

